

Max Hospital organizes workshop on orthopedics

*The theme of the symposium was “A Combined Arthroplasty and Physiotherapy Symposium (CAPS)”.
With the use of PINLESS Technology for surgery of Knee/Hip Replacement, Patient can start walking in 4 hours!*



26th March 2017, Delhi- The Department of Orthopedics and Joint Replacement Surgery at Max Super Specialty Hospital, Patparganj organized two-day symposium on 25th and 26th March 2017 at Indian Habitat Centre, Delhi

The theme of the symposium was “A Combined Arthroplasty and Physiotherapy Symposium (CAPS)” which was headed by Dr. (Prof.) Anil Arora (Course Chairman), Director & Unit Head, Department of Orthopedics & Joint Replacement Surgery at Indian Habitat Centre, New Delhi which saw over 200 leading doctors of Delhi-NCR attending it.

The Conference was inaugurated by Ms. Pinki Jangra, commonwealth games medal winner in boxing along with the presence of Dr. (Prof.) Anil Arora, Dr. Amit K Srivastava, Dr. Nitin Gupta, Dr. Deepak Arora, Dr. Suresh Kumar, Dr. Akshay Chandel, Dr. Debashis Adhikary, Dr. Preeti Ranjan, Dr. Gaurav Prakash, Dr. Ashish Tyagi and Physiotherapy & Rehabilitation team including Dr. Deepak Raghav, Dr. Hema, Dr. Shekhar Agarwal, Dr. Rohit Mehta.

The aim was to bring the surgeons and physiotherapists on a common platform to deliberate on the newer interventions through various scientific sessions along with interactive case presentations. The importance of both, surgeon and physiotherapist was highlighted during the symposium. Apart from this, session on Total Knee and Total Hip Replacement was also organized in a comprehensive manner to educate the physiotherapists using latest technological advancements.

With the advent of latest technical advancements and availability of expertise, today, Knee and Hip Replacement Surgeries have become one of the most successful surgeries in the world. Success of any Joint Replacement (Arthroplasty) depends not only on the surgery itself but also on the post-operative rehabilitation program. An Arthroplasty Surgeon plays a major role in surgery along with the Physiotherapist who designs the post-operative rehabilitation program. Still, there is a rare chance of any structured interaction between the arthroplasty surgeons and the physiotherapists for exchange of knowledge and ideas. Hence, this Combined Arthroplasty and Physiotherapy Symposium (called CAPS) was organized.

Joint Replacement Surgeries is an area that is undergoing constant developments to improve results and reliability. One of such recent developments is Pinless Computer Navigation System for Total Knee Replacements.

Dr. (Prof) Anil Arora at Max Hospital, Patparganj is regularly using the new PINLESS Navigation Technology for knee replacements. The technology is precise, helps achieving perfection, zero error in placement of implanted artificial knee, has assured results and is affordable. Most routine knee replacements worldwide are done using alignment jigs and cutting blocks. These are relatively simple devices that rely on the surgeon's ability to see and feel the alignment and balance the knee. PINLESS Computer Navigation does not require drilling extra holes in thigh and leg bones, totally avoiding the serious complications. A perfectly aligned knee not only lasts longer, it allows the patient an early recovery. The patient can start walking as early as 4 hours! Another big advantage is that as the surgeon is guided by Computer Navigation which is done through small incisions which helps in faster recovery.